

First Responder (FR) Training Program

First Responder (FR) Training Program (Rural, Urban, Police, Military) is the first and vital link to a good emergency response system for any society. This program aims to develop first responders who are trained in simple, life-saving medical techniques that can be performed with minimal equipment. During the course the participants are trained in Scene Safety, Personal Protection (wearing mask, gloves and goggles) and how to activate an Emergency Response System. This program equips the participants with essential preliminary care skills like giving rescue breaths, chest compressions and performs first aid for medical, trauma and environmental emergencies. This is a one day program designed by EMRI GHS. This program strengthens chain of survival in society.

The course content is as follows: First response to

- Breathing Difficulty (Asthma, severe allergy, Choking)
- Chest Pain / Heart Attack, Low blood sugar, Brain Stroke, Fits/ Convulsions/ Seizures
- Fainting, Cardiac Arrest and CPR, Bleeding and shock, Wounds / Fractures, sprain
- Head injury, Back/spinal Injuries, Burns/ Electrocution, Heat stroke, Near drowning
- · Snake bite/Insect bites, Poisoning

Hands-on training in:

 Cardio Pulmonary Resuscitation (CPR)
 Automated External Defibrillator (AED)
 Adult Child and Infant Choking

Methodology:

- Audio-visual sessions
- Didactic and Group discussions
- Hands-on practice on manikins

Benefits

To the Participant

- Participant can establish the primary link in the chain of survival
- Recognizes emergency and summons medical help in time
- Will have clarity on common myths and would cause no harm

To the Organization

- First aid can be initiated anywhere prior to advanced medical help
- Safety and well being of employees is ensured (It is a mandate to train the employees in First aid in some well established organizations)
 - Employees gain trust on the Organization's concern of their well being

To the Community

- Awareness about immediate measures to be taken in case of emergency • Sensitization of health care needs in the community
- Highest survival rates recorded when community involved in emergency care







Eligibility:

The course is open for everyone who is interested to be first responder

Duration of Training - 1 day

Batch Size: Upto 50 participants

if training is conducted in the host organization, then host organization is expected to bear the travel, boarding and lodging costs of the resource persons.

Validity Period: 1 year

TRAINING COLLABORATION

















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