



Basic Life Support (BLS)

AMERICAN HEART ASSOCIATION (AHA)

The BLS course is a one-day workshop. The main objective of the course is to enhance knowledge and skills of the participant in cardiopulmonary resuscitation techniques during Emergency Cardiovascular Care (ECC), as recommended by the ECC 2020 guidelines and prescribed by AHA and International Liaison Committee on Resuscitation (ILCOR). The course also imparts necessary training on resuscitation without the use of advanced equipment or drugs.

The course content is as follows:

- Cardio Pulmonary Resuscitation (CPR) for adults/children/infants
- Adult and child bag-mask technique
- 1 and 2-rescuer CPR
- Use of Automated External Defibrillator (AED)
- Relief of choking/foreign body airway obstruction

Methodology:

Audiovisual classes

- Practice while watching (PWW) video
- Hands on training on manikins' 1:1 student to manikin ratio
- Written test and practical skills assessment

Benefits

To the Participant

- Participant will be able to provide effective resuscitation
- Participant will gain updated skills and knowledge
- Enhanced confidence in dealing with a cardiac arrest victim
- Valid certification and BLS provider card

To the Organization

- Increases awareness among the staff about the links followed in Chain of Survival
- Increases survival outcomes in cardiac arrest cases in the institution.
- Trained staff will be able to revive any unconscious pulseless patient before experts arrive
- Institution can display the CODE BLUE preparedness towards cardiac arrest situations
- Fulfillment of Mandatory pre-requisite of National Accreditation to Hospitals and Healthcare Providers (NABH) and Indian Public Health Standards (IPHS) and Medical Council of India (MCI).

To the Community

- CPR provided in the field decreases the time lag between cardiac arrest and resuscitation
- Sustains the chances of revival till the arrival of Advanced Medical Care
- Increased quality of patient care and patient survival outcomes.



Eligibility:

Individuals in Healthcare sector who are required to perform cardio pulmonary Resuscitation (CPR). Doctors, Nurses, Physician assistants, Paramedics, Lab Technicians etc).

Minimum enrollment per batch: 20

Duration of Training - 1 day

if training is conducted in the host organization, then host organization is expected to bear the travel, boarding and lodging costs of the resource persons.

Validity Period : 2 years

TRAINING COLLABORATION



National Emergency Number Authority



Shock Trauma Center, USA



American Association of Physicians of Indian Origin (AAPI)



PUBLIC HEALTH FOUNDATION OF INDIA

Fachhochschule Köln
Cologne University of Applied Sciences
Fakultät für Anlagen, Energie- und Maschinensysteme



Singapore Health Services



Carnegie Mellon University, USA



American Academy for Emergency Medicine in India



ICMR



Richmond Ambulance Authority, USA



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